

APNA Welcome

The Australian Practice Nurses Association is thrilled to be once again involved in the GPCE program. Following hugely successful and popular programs in Sydney 2006 and Melbourne 2005, we have worked to put together a program of relevance and interest to practice nurses. We have developed a program which will enable nurses to either focus on chronic diseases, acute care, professional issues or women's health if they choose or to access a more generalised program with a wide variety of topics across the two days. The APNA encourage you to attend this exciting program and to take the opportunity to network with your colleagues from the nursing and medical profession. We thank you for your support and look forward to seeing you in November at GPCE Melbourne 2006.



Belinda Caldwell
Executive Officer
Australian Practice Nurses Association



Practice Nurse Conference Program

SATURDAY

- S6D Industrial relations in 2006**
Understand how the new Industrial Relations laws affect you in your workplace.
- W6AA Contraception**
An opportunity to learn about and be able to discuss the contraceptive alternatives for women.
- W6BB Metabolic Syndrome**
What is the Metabolic Syndrome and why it is so important to manage correctly.
- W6CC Travel Advice**
Provide practical advice to travellers to ensure safe travel.
- W6DD Pathology Interpretation**
Update your knowledge on the interpretation of the most common pathology tests.
- S7D Acute Wounds**
An update on the Mx of common acute wounds in GP and the best of these injuries.
- W7AA Chlamydia and other STI's**
An introduction to Sexually Transmitted Infections, including Chlamydia.
- W7BB Chronic Kidney Disease**
A case based workshop for PN on the early detection and Mx of kidney disease.
- W7CC ECG Interpretation**
Learn what the ECG tells you. Do you need to be concerned?
- W7DD Policies and Procedures**
Practice workshop to provide skills in developing policies and procedures.
- S8D Ears**
An overview of ear health management in GP.
- W8AA Pap Smears**
Update on cervical screening and issues for practice nurses.
- W8BB Spirometry**
Learn how to perform spirometry and interpret the results.
- W8CC First Aid**
Refresher on first aid principles and practice.
- W8DD Barriers to Change**
A workshop teaching practice nurses which people to involve. Identifying & overcoming barriers to make changes in their workplace.
- S9D Negotiation Skills**
Improve your confidence and skills at negotiating.
- W9AA Preventive Care for Women**
Learn about the extension of activity that can take place under the pap smear item number.
- W9BB Setting up a Diabetes Clinic**
Learn how to set up a diabetes clinic.

- W9CC Accreditation**
Update on accreditation issues which affect practice nurses.
- W9DD QUIT**
Smoking Cessation advice should be in the tool kit of every PN. Tips on giving advice to smokers.
- S10D Helping patients with Stress Management**
Learn skills for assisting patients to manage stress.
- W10AA Counselling**
Hepatitis C pre-test counselling/sexual health.
- W10BB Setting up an Asthma Clinic**
Learn how to set up an asthma clinic.
- W10CC CPR**
A CPR Update – a pre-requisite for all health professionals.
- W10DD Grief Counselling**
Assisting patients through times of grief.

SUNDAY

- S11D Hypertension**
A workshop on absolute cardiovascular risk, diagnostic levels, when to intervene, treatment goals and lifestyle modifications.
- S11E Eyes**
Major causes of preventable blindness – what can you do in your practice?
- W11AA Plaster**
A hands on session on applying and removing plaster casts. Be prepared to roll up your sleeves.
- W11BB Metabolic Syndrome**
What is the Metabolic Syndrome and why it is so important to manage correctly.
- W11CC Alternative Therapies**
An overview of alternative therapies and their usefulness in general practice.
- W11DD Barriers to Change**
A workshop teaching practice nurses which people to involve. Identifying & overcoming barriers to make changes in their workplace.
- S12D Physical Activity**
Implementing Lifestyle Prescriptions in your practice.
- S12E Mental Health and Chronic Disease**
Managing mental health issues in patients with chronic disease.
- W12AA Understanding your scope of practice**
Hear about a decision making tool for determining your scope of practice.
- W12BB Motivational Interviewing**
MI is an effective technique which will allow you to find out the most you can from your patients in order to counsel effectively.
- W12CC Travel Advice**
Provide practical advice to travellers to ensure safe travel.
- W12DD Negotiation Skills**
Improve your confidence and skills at negotiating.
- S13D Triage**
The principles of effective triage. A team approach to the identification and Mx of prioritising patients medical needs.
- S13E Risk Management**
Understand managing risk in everyday practice.
- W13AA GP Management Plans**
Understanding the GP Management plan requirements and how to assist GPs in developing them.
- W13BB Spirometry**
Learn how to perform spirometry and interpret the results.
- W13CC Continence**
Improve your understanding of continence care issues and provide more appropriate care to older people.
- W13DD Pathology Interpretation**
Update your knowledge on the interpretation of the most common pathology tests.
- S14D Chronic Wound Management**
An update on chronic wound management theory and new products.
- S14E Immunisation**
Update on immunisation issues and changes.
- W14AA Sports Strapping**
A hands on session covering approaches to strapping common sports injuries.
- W14BB Setting up a Diabetes Clinic**
Learn how to set up a diabetes clinic.
- W14CC ECG Interpretation**
Learn what the ECG tells you. Do you need to be concerned?
- W14DD Role of RN**
Session for those new to the practice nurse profession who want to hear about all the potential roles a practice nurse can have.
- S15D Salary and Conditions**
The APNA conducts a national PN salary and conditions survey each year. This seminar is an opportunity to learn about the current salaries and trends occurring in Practice Nursing.
- S15E Quality use of Medicines**
Reducing the use of medicines and medication error.
- W15AA Presenting**
Learn skills in presenting to a wide range of audiences.
- W15BB Setting up an Asthma Clinic**
Learn how to set up an asthma clinic.
- W15CC Nutrition**
Provide practical advice to your patients on reading product labels, recipe modification and the benefits of healthy eating.
- W15DD Using Visual Aids for Health Promotion**
Learning the advantages of visual media in communicating health messages to patients.

Practice Nurse Conference Program Guide

SATURDAY 18th November		SUNDAY 19th November	
Session	Program	Session	Program
	REGISTRATION 8.00AM		REGISTRATION 8.00AM
6	8.30 – 9.30AM	11	8.30 – 9.30AM
	S6D Industrial relations in 2006		S11D Hypertension
	W6AA Contraception		S11E Eyes
	W6BB Metabolic Syndrome		W11AA Plaster
	W6CC Travel Advice		W11BB Metabolic Syndrome
	W6DD Pathology Interpretation		W11CC Alternative Therapies
			W11DD Barriers to Change
	MORNING TEA 9:30 – 10:30AM		MORNING TEA 9.30 – 10.30AM
7	10.00 – 11.00AM	12	10.30 – 11.30AM
	S7D Acute Wounds		S12D Physical Activity
	W7AA Chlamydia and other STI's		S12E Mental Health and Chronic Disease
	W7BB Chronic Kidney Disease		W12AA Understanding your scope of practice
	W7CC ECG Interpretation		W12BB Motivational Interviewing
	W7DD Policies & Procedures		W12CC Travel Advice
			W12DD Negotiation Skills
8	11.45 – 12.45PM	13	11.45 – 12.45PM
	S8D Ears		S13D Triage
	W8AA Pap Smears		S13E Risk Management
	W8BB Spirometry		W13AA GP Management Plans
	W8CC First Aid		W13BB Spirometry
	W8DD Barriers to Change		W13CC Continence
			W13DD Pathology Interpretation
	LUNCH 12:00 – 2:00PM		LUNCH 12.00 – 2.00PM
9	2.00 – 3.00PM	14	1.45 – 2.45PM
	S9D Negotiation Skills		S14D Chronic Wound Management
	W9AA Preventive Care for Women		S14E Immunisation
	W9BB Setting up a Diabetes Clinic		W14AA Sports Strapping
	W9CC Accreditation		W14BB Setting up a Diabetes Clinic
	W9DD QUIT		W14CC ECG Interpretation
			W14DD Role of PN
	AFTERNOON TEA 3:00 – 3:45PM		AFTERNOON TEA 2.45 – 3.30PM
10	3.30 – 4.30PM	15	3.15 – 4.15PM
	S10D Helping patients with Stress Management		S15D Salary & Conditions
	W10AA Counselling		S15E Quality use of Medicines
	W10BB Setting up an Asthma Clinic		W15AA Presenting
	W10CC CPR		W15BB Setting up an Asthma Clinic
	W10DD Grief Counselling		W15CC Nutrition
			W15DD Using Visual Aids for Health Promotion

Practice Nurse Registration form

SECTION A: DELEGATE	TITLE: _____ FIRST NAME: _____ SURNAME: _____
	COMPANY/PRACTICE: _____
	ADDRESS: _____ SUBURB: _____ STATE: _____ POSTCODE: _____
	TEL: () _____ FAX: () _____ EMAIL: _____ <input type="checkbox"/> I agree to be contacted by email
	APNA MEMBERSHIP NO.: _____

SECTION B: REGISTRATION FEES		
	Member	Non-member
<input type="checkbox"/> 1 Day without lunch	\$162.00	\$201.00
<input type="checkbox"/> 1 Day with lunch	\$180.00	\$219.00
<input type="checkbox"/> 2 Day without lunch	\$295.00	\$367.00
<input type="checkbox"/> 2 Day with lunch	\$331.00	\$403.00
Practice discount; 2 x GPs + 1 x Nurse = 10% discount on all tickets		
TOTAL PAYMENT SECTION D	\$	

SECTION C: SUNDAY AIRPORT TRANSFER	Transfer to airport from Melbourne Exhibition Centre on Sunday leaving 4.50pm Number of tickets required _____ @ \$33.00 per person	SECTION D: Social Event	Social Event is on Sat 18 November from 6:30pm. I will require _____ tickets @ \$90pp.
	TOTAL PAYMENT SECTION C		\$

SECTION E: SESSION BOOKINGS										
SEMINARS/WORKSHOPS	SATURDAY					SUNDAY				
Session number	6	7	8	9	10	11	12	13	14	15
Seminar										
Workshop										

W E B

PAYMENTS

PLEASE MAKE CHEQUES PAYABLE TO REED EXHIBITIONS – GPCE, PO BOX K1385, HAYMARKET NSW AUSTRALIA 1240 OR **FAX 02 9211 7601**. ENQUIRIES CALL **1800 358 879** OR **02 9211 7454**

TOTAL PAYMENT SECTION B\$ _____
 TOTAL PAYMENT SECTION C\$ _____
 TOTAL PAYMENT SECTION D\$ _____
TOTAL PAYMENT DUE\$ _____

I wish to pay by: AMEX Cheque Bankcard Visa Mastercard

Credit card no:

PRICES INCLUDE GST

I do not wish to receive further information on this or any other related event.

CARDHOLDER'S NAME: _____ EXPIRY DATE: _____ / _____

SIGNATURE: _____

You can also register online at www.gpce.com.au

ABN 4700 0146 921