



#### APNA WELCOME

It gives me great pleasure to introduce to you the Sydney 2007 PNCE Conference. The Australian Practice Nurses Association aims to provide delegates with a high quality program designed specifically for practice nurses. Offering clinical, practical and professional information on the most contemporary practice nursing issues this program will allow you to participate in areas that are most relevant to you and your general practice. The Australian Practice Nurses Association encourages you to attend this exciting and popular program and to take the opportunity to network with your colleagues from the nursing and medical profession. We thank you for your support and look forward to seeing you in May at GPCE & PNCE Sydney 2007.

**Belinda Caldwell** Executive Officer – Australian Practice Nurses Association



## Session Synopses

### SATURDAY SEMINARS

- S6E Diabetes and CVD Prevention Strategies**  
Preventing pre-diabetes, type 2 diabetes and other metabolic disorders. Understand the role of lifestyle advice, diet, assessment and current MBS funding initiatives such as the 45-49 Preventative Check in assisting your patients.
- S7D Pathology Interpretation**  
Update your knowledge on the most common pathology tests and learn how to interpret the results.
- S8D Acute Wounds - Skin Tears**  
The management of acute skin tears.
- S9D Chronic Wounds - Venous Leg Ulcers**  
Mx of chronic wounds & venous leg ulcers.
- S10D Managing CVD, symptoms and secondary prevention**  
Learn about absolute cardiovascular risk, what the diagnostic levels are, when to intervene, Rx goals and the lifestyle modifications patients can make, including chest pain Mx, cardiac rehab, lifestyle prevention and promotion after a cardio event.

### SUNDAY SEMINARS

- S11D Wound Mx - Compression and Doppler**  
A practical workshop on compression bandaging and the use of the Doppler.
- S12D Understanding your Scope of Practice**  
Do you understand your scope of practice? Understanding your scope of practice is critical in the current environment of the rapidly expanding role of the practice nurse. Learn about simple tools for determining your scope of practice.
- S13D Legal Issues and Professional Indemnity**  
Professional indemnity and legal issues are an area of uncertainty for Practice Nurses. Nurses face a range of legal issues in gp such as documentation, duty of care, consent and accepting medical orders. Understand the issues and plan your professional protection.
- S14D Understanding the new Infection Control Standards**  
Update on the latest edition of the RACGP Standards and how they apply.
- S15D APNA Salary and Conditions Survey**  
The APNA conducts a national practice nurse salary and conditions survey each year. The session is an opportunity to learn about the current salaries and trends occurring in practice nursing.

### WORKSHOPS

- ECG Interpretation**  
Learn what an ECG tells you by interpreting the results. When do you need to be concerned?  
**Sessions 6, 8, 13**
- Mental Health First Aid**  
Identification of acute Mental Health emergencies in General Practice and how to assess and refer

patients at risk. **Session 6**

**Community Acquired Infections**  
Practice Nurses see community acquired infections in children everyday. Learn what they are and how they should be treated in a GP Clinic. **Session 6**

**Travel Health - Practical Advice**  
Learn principles of pre-travel health care requirements. This session will present advice and education to make overseas travel safe and enjoyable for patients. **Sessions 6, 11, 14**

**Metabolic Syndrome**  
What is the Metabolic Syndrome and why is it so important to manage correctly? **Session 7**

**New Practice Nurse Chronic Disease Item Numbers**  
Learn what the practice nurse needs to know in order to meet MBS requirements. **Session 7**

**Managing Aggressive Behaviours**  
Learn skills to diffuse aggression and conflict. **Session 7**

**Sports Injury Strapping**  
A hands on session covering approaches to strapping common sports injuries. **Sessions 7, 12**

**Sexual Health - Contraceptive Update**  
Learn about the latest in contraception. **Session 8**

**Nutrition for Seniors**  
Understanding the nutritional needs of the elderly. **Session 8**

**Undertaking an Effective Mini-Mental**  
Understanding the Mini-Mental as a diagnostic tool. **Session 8**

**Chlamydia**  
A key component of MBS 10994 is prevention. Learn about Chlamydia screening, symptoms, complications, treatment, contact tracing and follow-up. **Session 9**

**Managing Vomiting and Diarrhoea in children**  
Assessing and preventing dehydration. **Session 9**

**Setting up a Diabetes Clinic**  
Learn practical tips on how to set up a diabetes clinic in your practice. **Session 9**

**Managing Cardiovascular Disease, symptoms and secondary prevention**  
Learn about absolute cardiovascular risk, what the diagnostic levels are, when to intervene, Rx goals and the lifestyle modifications patients can make, including chest pain Mx, cardiac rehab, lifestyle prevention and promotion after a cardio event **Session 9**

**Childhood Immunisation Update**  
Update on immunisation issues, new vaccines and changes to the schedule or handbook. **Session 10**

**Fertility Counselling**  
Understanding fertility issues for women and the importance of sexual health in preserving fertility. **Session 10**

**Accreditation Issues for Practice Nurses**  
Learn the latest from AGPAL on accreditation requirements which affect practice nurses, including Accreditation Pro. **Session 10**

**Policies and Procedures**  
Practical workshop to provide skills in developing policies and procedures for clinical activities undertaken in the practice. **Session 10**

### Legal Issues and Professional Indemnity

Professional indemnity and legal issues are an area of uncertainty for practice nurses. Nurses face a range of legal issues in gp such as documentation, duty of care, consent and accepting medical orders. Understand the issues and plan your professional protection. **Session 11, 13**

**Preventative Care for Women**  
Introduction to the extension of activity that can take place under the Pap Smear plus preventative checks MBS item number including continence advice, contraceptive counselling, breast awareness and others. **Session 11**

**Chronic Kidney Disease and the Chronic Disease Item Number**  
Learn what the practice nurse needs to know in order to meet MBS requirements. **Session 11**

**Pathology Interpretation**  
Update your knowledge on the most common pathology tests and learn how to interpret the results **Session 12**

**Plaster Workshop**  
A popular hands on session on applying and removing plaster casts. Be prepared to roll up your sleeves. **Session 12**

**Cervical Screening Update**  
Understanding Cervical Screening. Who do you need to screen, how often and overcoming the barriers. **Session 12**

**Triage**  
The principles of effective triage. A team approach to the identification and management of prioritising the medical needs of patients. **Session 13**

**Preventing Cervical Cancer**  
Understanding HPV and implications of vaccination. **Session 13**

**Setting up an Asthma Clinic**  
Learn practical tips on how to set up an asthma clinic in your practice. **Session 13**

**Importance of Continuing Professional Development**  
Engaging in a CPD program for practice nurses, the aims, the benefits, and the know how. Understanding the role of CPD in being a recognised professional, meeting regulatory requirements and presenting your portfolio. **Session 14**

**Negotiation Skills**  
Improve your confidence and skills at negotiating within your workplace, learn how to proceed and succeed. **Session 14**

**Spirometry**  
Learn the basics for performing spirometry and interpreting the results. **Session 14, 15**

**CPR**  
A CPR Update - a pre-requisite for all health professionals. **Session 15**

**Using mistakes to improve processes**  
Understanding how to manage risk in everyday practice. **Session 15**

**Health Coaching**  
Supporting lifestyle changes using Health Promotion. **Session 15**

# Practice Nurse Clinical Education Conference Program

SATURDAY 19th May		SUNDAY 20th May	
<b>Session</b>	<b>Program</b>	<b>Session</b>	<b>Program</b>
	REGISTRATION 8.00AM		REGISTRATION 8.00AM
<b>6</b>	<b>8.30 - 9.30AM</b>	<b>11</b>	<b>8.30 - 9.30AM</b>
	S6E Diabetes and CVD Prevention Strategies		S11D Wound Management - Compression and Doppler
	W6AA ECG Interpretation		W11AA Legal Issues and Professional Indemnity
	W6BB Mental Health First Aid		W11BB Preventative Care for Women
	W6CC Community Acquired Infections		W11CC Chronic Kidney Disease and the Chronic Disease Item Number
	W6DD Travel Health - Practical Advice		W11DD Travel Health - Practical Advice
	<b>MORNING TEA 9.30 - 10.30AM</b>		<b>MORNING TEA 9.30 - 10.30AM</b>
<b>7</b>	<b>10.30 - 11.30AM</b>	<b>12</b>	<b>10.30 - 11.30AM</b>
	S7D Pathology Interpretation		S12D Understanding your Scope of Practice
	W7AA Metabolic Syndrome		W12AA Pathology Interpretation
	W7BB New Practice Nurse Chronic Disease Item Numbers		W12BB Plaster Workshop
	W7CC Managing Aggressive Behaviours		W12CC Cervical Screening Update
	W7DD Sports Injury Strapping		W12DD Sports Injury Strapping
<b>8</b>	<b>11.45 - 12.45PM</b>	<b>13</b>	<b>11.45 - 12.45PM</b>
	S8D Acute Wounds - Skin Tears		S13D Legal Issues and Professional Indemnity
	W8AA Sexual Health - Contraceptive Update		W13AA Triage
	W8BB Nutrition for Seniors		W13BB Preventing Cervical Cancer
	W8CC Undertaking an Effective Mini-Mental		W13CC Setting up an Asthma Clinic
	W8DD ECG Interpretation		W13DD ECG Interpretation
	<b>LUNCH 12.00 - 2.00PM</b>		<b>LUNCH 12.00 - 2.00PM</b>
<b>9</b>	<b>2.00 - 3.00PM</b>	<b>14</b>	<b>1.45 - 2.45PM</b>
	S9D Chronic Wounds - Venous Leg Ulcers		S14D Understanding the new Infection Control Standards
	W9AA Chlamydia		W14AA Importance of Continuing Professional Development
	W9BB Managing Vomiting and Diarrhoea in children		W14BB Travel Health - Practical Advice
	W9CC Setting up a Diabetes Clinic		W14CC Negotiation Skills
	W9DD Managing CVD, symptoms and secondary prevention		W14DD Spirometry
	<b>AFTERNOON TEA 3.00 - 3.45PM</b>		<b>AFTERNOON TEA 2.45 - 3.30PM</b>
<b>10</b>	<b>3.30 - 4.30PM</b>	<b>15</b>	<b>3.15 - 4.15PM</b>
	S10D Managing CVD, symptoms and secondary prevention		S15D APNA Salary and Conditions Survey
	W10AA Childhood Immunisation Update		W15AA CPR
	W10BB Fertility Counselling		W15BB Using mistakes to improve processes
	W10CC Accreditation Issues for Practice Nurses		W15CC Health Coaching
	W10DD Policies and Procedures		W15DD Spirometry

## Practice Nurse Registration form or register online at [www.pnce.com.au](http://www.pnce.com.au)

SECTION A: DELEGATE	TITLE: _____ FIRST NAME: _____ SURNAME: _____
	COMPANY/PRACTICE: _____
	ADDRESS: _____ SUBURB: _____ STATE: _____ POSTCODE: _____
	TEL: ( ) _____ FAX: ( ) _____ EMAIL: _____ <input type="checkbox"/> I agree to be contacted by email
	APNA MEMBERSHIP NO.: _____

SECTION B: REGISTRATION FEES		
	Member	Non-member
<input type="checkbox"/> 1 Day without lunch	\$167.00	\$207.00
<input type="checkbox"/> 1 Day with lunch	\$185.00	\$230.00
<input type="checkbox"/> 2 Day without lunch	\$310.00	\$378.00
<input type="checkbox"/> 2 Day with lunch	\$341.00	\$416.00
Practice discount; 1 x GP + 2 x Nurse = 10% discount on both nurse tickets		
TOTAL PAYMENT SECTION D	\$	

SECTION C: SUNDAY AIRPORT TRANSFER	Transfer to airport from Sydney Olympic Park on Sunday leaving 4.50pm Number of tickets required _____ @ \$24.00 per person	SECTION D: Social Event	Social Event is on Sat 19 May 2007 from 6:30pm. I will require _____ tickets @ \$110pp.
	TOTAL PAYMENT SECTION C \$		TOTAL PAYMENT SECTION D \$

SECTION E: SESSION BOOKINGS										
SEMINARS/WORKSHOPS	SATURDAY					SUNDAY				
Session number	6	7	8	9	10	11	12	13	14	15
Seminar										
Workshop										

W E B

## PAYMENTS

PLEASE MAKE CHEQUES PAYABLE TO REED EXHIBITIONS – GPCE, PO BOX K1385, HAYMARKET NSW AUSTRALIA 1240 OR **FAX 02 9211 7601**. ENQUIRIES CALL **1800 358 879** OR **02 9211 7454**

TOTAL PAYMENT SECTION B .....\$ \_\_\_\_\_  
 TOTAL PAYMENT SECTION C .....\$ \_\_\_\_\_  
 TOTAL PAYMENT SECTION D .....\$ \_\_\_\_\_  
**TOTAL PAYMENT DUE .....\$ \_\_\_\_\_**

I wish to pay by: AMEX  Cheque  Bankcard  Visa  Mastercard

Credit card no:

CARDHOLDER'S NAME: \_\_\_\_\_ EXPIRY DATE: \_\_\_\_/\_\_\_\_/\_\_\_\_

SIGNATURE: \_\_\_\_\_

PRICES INCLUDE GST

I do not wish to receive further information on this or any other related event.

You can also register online at [www.pnce.com.au](http://www.pnce.com.au)

ABN 4700 0146 921