20–22 MAY 2016
Sydney Showground
Sydney Olympic Park

REED MEDICAL education
Dear Colleagues,

The Australian healthcare environment is changing and facing increasing challenges, including an increase in chronic illness, an ageing society, increasing specialisation, escalating health care costs and rising patient expectations. General practice cannot ignore this changing world and must embrace multidisciplinary care to enable more efficient delivery of primary care. In 2016, we are looking at enhancing a multidisciplinary team approach to patient care through a cutting-edge conference program that brings together the entire general practice team.

On behalf of Reed Medical Education, it gives me great pleasure to invite you to join us at the Sydney General Practice Conference & Exhibition (GPCE) from Friday 20 to Sunday 22 May 2016. This year’s Sydney conference program will deliver an accredited medical education program, designed to assist you in staying up to date with the latest innovations and guidelines for primary care.

What differentiates the GPCE in 2016 is our highly interactive learning environment, offering a diverse range of practical skills-based sessions, structured to enable you the opportunity to hone your skills in performing practical procedures required in everyday clinical practice, while allowing discussion and feedback to maximise learning outcomes. All our sessions will be led by local expert speakers who are thought-leaders in their chosen discipline.

To recognise the constantly changing healthcare industry, each day of the conference will include a keynote session, integrating the latest ‘hot topics’ facing primary care today. Further information on these sessions will be announced in the lead up to the show. Additionally, the exhibition floor will deliver cutting edge products, services and technologies for your practice, while providing the opportunity to meet with over 100 leading healthcare providers and ‘try before you buy’.

Demand for places at the Sydney GPCE is high, so I urge you to register at your earliest possible convenience in order to attend the sessions of your choice. I look forward to welcoming you to the Sydney GPCE in May.

DR JOHN CRIMMINS MBBS FRACGP MFM
GP & HEAD OF CONTENT, REED MEDICAL EDUCATION

WHAT’S NEW IN 2016?

• GPCE and PNCE come together to form Australia’s largest primary care event!
• Exciting new keynote sessions featuring the industry’s top innovators and influencers
• Mental Health Skills Training – GPMHSC accredited education
• NEW Active Learning Modules
• More practical skills-based sessions
• Choice of Category 2 sessions – get the latest primary care updates relevant to you

WHO SHOULD ATTEND?

We believe in enhancing a multidisciplinary team approach to patient care, meaning the event provides learning opportunities for the entire general practice team including:

• General Practitioners
• Practice Nurses
• GP Registrars
• Practice Managers
• Allied Health Professionals

IMPORTANT DATES...

• First Early Bird – SAVE 20%
  Ends Wednesday 16 March
• Second Early Bird – SAVE 10%
  Ends Wednesday 13 April

*Promotional Codes apply to the Standard General Practitioner Registration Rates – see page 14 for further details. The promotion code must be used at the time of registration and cannot be used with any other offer.
Dear Colleagues,

Welcome to the 2016 Sydney GPCE conference program. In keeping with this year’s theme ‘Enhancing a multidisciplinary team approach to patient care’, the conference program has been designed to deliver the latest clinical content relevant to everyday presentations seen by the entire practice team.

For a busy healthcare professional, attending the GPCE provides the opportunity to take some much needed time away from our rooms and reflect on the nature of our work, to share ideas and experiences with colleagues and to learn and evolve as practitioners.

In recent years, general practice has seen a rising prevalence of chronic diseases, which we increasingly manage in partnership with other health professionals. Mental health, always a major part of my practice, is no exception and this year I’ll be facilitating the new Mental Health Skills Training module at the Sydney GPCE. This module looks specifically at best practice management of mental health conditions, including the essential role of the primary care team.

In addition to covering a range of chronic conditions such as Alzheimer’s, other dementias and respiratory disorders, the conference will also deliver important updates on Emergency Medicine.

Practical procedures are a new focus of the GPCE in 2016. There are a diverse range of highly practical skills-based sessions on offer, providing you with the opportunity to hone your skills required in everyday clinical practice. As always, the emphasis is on discussion, feedback and information sharing to maximise learning outcomes.

I look forward to welcoming you to the Sydney GPCE this May.

DR SIMON COWAP MBBS (HONS), FRACGP
GPCE ADVISORY COMMITTEE
The Sydney GPCE conference program for 2016 offers four Active Learning Modules (ALM), providing the opportunity to focus your learning on content frequently presented in everyday practice. 2016 sees a change in the delivery of the ALM program allowing delegates a more comprehensive education presenting the patient journey and treatment options for the therapeutic area.

Delegates will receive 40 Category 1 points per ALM completed with additional sessions attended earning Category 2 points. CPR training is a mandatory requirement as part of the GP triennium and attracts five Category 2 points.

**MANAGEMENT OF THE EMERGENCY PATIENT IN A GENERAL PRACTICE & REMOTE SETTING**

- **40 QI&CPD POINTS**

This ALM is specifically designed for the general practitioner and the practice team and emphasises the identification and management, of acute emergencies in the pre-hospital setting. The training is based on the latest Australian and international scientific research in emergency medicine.

This ALM gives general practitioners and practice teams confidence in their capacity to effectively manage a range of acute medical and traumatic emergencies, by teaching a simple and easy to remember algorithm for use in general practice. The algorithm provides the practitioner and the team with easy to remember diagnostic tools, procedures and techniques to manage acute coronary syndrome, cardiac arrest, asthma and respiratory distress, anaphylaxis, seizures, hypoglycaemia and trauma, including emergency decompression of pneumothorax, cricoid puncture and interosseous access.

This ALM was the first in Australia to introduce general practitioners to the use of iGel airway adjuncts in advanced airway management and the use of interosseous injection guns for emergency access to the vascular compartment when a vein is not available. If you are looking for a course that is for general practice and is a leader in the use of crew resource management and leadership techniques and also in managing medical emergencies, then this course is for you.

This session is running as a one-day Active Learning Module only on Friday.

Delegates may be eligible for a 1 day grant through the Rural Procedural Grants Program. To confirm your eligibility and to apply, please contact Pauline Curtis at the RACGP on 08 8267 8351 or ACRRM on 1800 223 226.

Presented by Cynergex Group

**MENTAL HEALTH SKILLS TRAINING**

- **40 QI&CPD POINTS**

This case-study based ALM provides an overview of the diagnosis and management of mental illnesses commonly encountered in general practice, including depression, anxiety, bipolar and schizophrenia.

You will learn about pharmacological and non-pharmacological management options and how primary care teams can assist in achieving best patient outcomes.

Completion of this ALM enables GPs to access the higher MHST higher rebate.

GP Mental Health Treatment Medicare items were introduced on to the Medicare Benefits Schedule in November 2011.

These are:

- MBS items 2700, 2701, 2715 or 2717
  Preparation of a GP Mental Health Treatment Plan
- MBS item 2712
  Review of a GP Mental Health Treatment Plan; and
- MBS item 2713
  GP Mental Health Treatment Consultation.

Presented by Cynergex Group

**ALZHEIMER’S & DEMENTIA**

- **40 QI&CPD POINTS**

This ALM aims to upskill GPs’ medical and clinical understanding of dementia.

The ALM will highlight the major challenges and ‘barriers’ that GPs face in the assessment, treatment and management of people with dementia; and, when dealing with their family, their carers, or family members as carers.

It will also provide them with options for overcoming some of the ongoing management challenges they will face in dealing with a person with dementia.

Presented by the Dementia Training Study Centres

**THE LATEST IN COPD DIAGNOSIS AND MANAGEMENT**

- **40 QI&CPD POINTS**

COPD remains a chronic disease which is largely underdiagnosed and misdiagnosed. The disease is complex and often not actively managed in general practice.

This Lung Foundation Australia (LFA) ALM aims to increase the knowledge, confidence and skills of general practitioners in the diagnosis and management of COPD. LFA in conjunction with the Thoracic Society of Australia and New Zealand, has developed resources to assist in the adoption of best practice, including the COPD Concise Guide for Primary Care which is based on the evidence based guidelines, ‘The COPD-X Plan’ www.copdx.org.au.

COPD-X is a mnemonic for ‘Case finding and confirm diagnosis, Optimise function, Prevent deterioration, develop a plan of care and manage eXacerbations’.

Presented by Lung Foundation Australia and supported by Novartis Australia.
FRIDAY 20 MAY

SESSION 1: 8.30am – 9.30am

• Assessing and Treating Common Eye Disease
• Does This Child Really Have Asthma?
• Food Allergy and Anaphylaxis Management for Healthcare Professionals
• IV Cannulation Refresher 8.30am – 10.00am
• Preventing Fractures – Where to Start with Osteoporosis

ALM:
• The Latest in COPD Diagnosis and Management – Part 1 8.30am – 10.00am
• Management of the Emergency Patient in a General Practice & Remote Setting – Group A & B – Part 1 8.30am – 10.00am

MORNING TEA 9.30AM – 10.15AM

SESSION 2: 10.15am – 11.15am

• Essential ECG Reading 10.15am – 11.45am
• Essential Steps to Diagnose and Manage Dementia 10.15am – 11.45am
• Key Features in Managing DVTE Risk Post Surgery
• Management of Incontinence and Overactive Bladder
• Ophthalmic Skills for General Practice
• Reducing Anaphylaxis Risk for Patients with Food Allergy

ALM:
• The Latest in COPD Diagnosis and Management – Part 2 10.15am – 11.45am
• Management of the Emergency Patient in a General Practice & Remote Setting – Group A & B – Part 2 10.15am – 11.45am

SESSION 3: 12.00pm – 1.00pm

03 KEYNOTE SESSION: Further details to be announced

LUNCH 1.00PM – 1.45PM

SESSION 4: 1.45pm – 2.45pm

• Advanced Airway Management using the Latest Generation Adjunct – I-Gel
• Back 2 Bones – Key Features in Assessing Fracture Risk
• Cell Therapy Treatment Options for the Translation of Tendinopathic Pathology to Clinical Treatment and the Treatment Paradigm in a GP Environment
• Chronic Liver Disease and Hepatocellular Carcinoma
• ENT – Sino-nasal Assessment

ALM:
• Alzheimer’s & Dementia – Part 1 1.45pm – 3.15pm
• Management of the Emergency Patient in a General Practice & Remote Setting – Group A – Part 3 1.45pm – 3.15pm

AFTERNOON TEA 2.45PM – 3.30PM

SESSION 5: 3.30pm – 4.30pm

• Advanced MRI of the Knee – Knee Injuries from the Common to the Esoteric with MRI and Anatomical Correlation
• Autism in General Practice
• Chronic Kidney Disease & Resistant Hypertension – Make the Connection, Change the Management
• Provide CPR 8.30am – 10.00am
• Suturing Basic
• Taping the Shoulder
• The Role of the Gastrointestinal Microbiome in Metabolic Disorders
• Wound Care Management for Practice Nurses 8.30am – 11.30am

ALM:
• Alzheimer’s & Dementia – Part 2 3.30pm – 5.00pm
• Management of the Emergency Patient in a General Practice & Remote Setting – Group A – Part 4 3.30pm – 5.00pm
SATURDAY 21 MAY

SESSION 1:  8.30am – 9.30am

• Advanced Airway Management using the Latest Generation Adjunct – I-Gel
  8.30pm – 10.00am
• ENT – Inflammatory Airway Problems
• HealthPathways – Building the Links Between Primary and Secondary Care
• Heel Pain – Moving Past Heel Spurs and Fasciitis
• How to Manage Those Who Manage Your Money – Effectively!

ALM:  • Mental Health Skills Training – Part 1  8.30am – 10.00am
       • The Latest in COPD Diagnosis and Management – Part 3  8.30am – 10.00am
       • Management of the Emergency Patient in a General Practice & Remote Setting – Group B – Part 3  8.30am – 10.00am

MORNING TEA  9.30AM – 10.15AM

SESSION 2:  10.15am – 11.15am

• Advanced MRI of the Knee – Knee Injuries from the Common to the Esoteric
  with MRI and Anatomical Correlation
• Chronic Kidney Disease & Resistant Hypertension – Make the Connection,
  Change the Management
• Damage Caused by UV
• ENT – Sino-nasal Assessment
• IV Cannulation Refresher

ALM:  • Mental Health Skills Training – Part 2  10.15am – 11.45am
       • The Latest in COPD Diagnosis and Management – Part 4  10.15am – 11.45am
       • Management of the Emergency Patient in a General Practice & Remote Setting – Group B – Part 4  10.15am – 11.45am

SESSION 3:  12.00pm – 1.00pm

KEYNOTE SESSION:

Further details to be announced

LUNCH SERVED  1.00PM – 1.45PM

SESSION 4:  1.45pm – 2.45pm

• Assessing and Treating Common Eye Disease
• Cell Therapy Treatment Options for the Translation of Tendinopathic Pathology to Clinical Treatment and the Treatment Paradigm in a GP Environment
• Does This Child Really Have Asthma?
• eHealth – A guide for General Practice
• Is there a Life Beyond Fracture?
• Managing Depression – Re-examining the Options

ALM:  • Management of the Emergency Patient in a General Practice & Remote Setting – Groups C & D – Part 1  1.45pm – 3.15pm
       • Alzheimer’s & Dementia – Part 3  1.45pm – 3.15pm

AFTERNOON TEA  2.45PM – 3.30PM

SESSION 5:  3.30pm – 4.30pm

• Autism in General Practice
• Back 2 Bones – Key Features in the Diagnosis of Osteoporosis
• Coordination of Care for People with Complex Health Needs in General Practice
• Essential ECG Reading  3.30pm – 5.00pm
• Key Features in Managing DVTE Risk Post Surgery

ALM:  • Management of the Emergency Patient in a General Practice & Remote Setting – Groups C & D – Part 2  3.30pm – 5.00pm
       • Alzheimer’s & Dementia – Part 4  3.30pm – 5.00pm

SOCIAL NETWORKING DRINKS  5.00PM – 6.30PM
### SESSION 1: 8.30am – 9.30am

- Autism in General Practice
- Damage Caused by UV
- Diagnosis and Management of Skin Cancer in General Practice
- Does This Child Really Have Asthma?
- eHealth – A guide for General Practice
- Essential ECG Reading 8.30am – 10.00am
- Heel Pain – Moving Past Heel Spurs and Fasciitis
- New Developments in the Diagnosis & Management for Patients with Severe Emphysema Specifically Non-Invasive Treatment Options

**ALM:**  
- Management of the Emergency Patient in a General Practice & Remote Setting – Group C – Part 3 8.30am – 10.00am

### SESSION 2: 10.15am – 11.15am

- Advanced MRI of the Knee – Knee Injuries from the Common to the Esoteric with MRI and Anatomical Correlation
- Back 2 Bones – Key Features in the Diagnosis of Osteoporosis
- Coordination of Care for People with Complex Health Needs in General Practice
- IV Cannulation Refresher 10.15am – 11.45am
- Key Features in Managing Stroke Risk in Patients with NVAF
- Management of Incontinence and Overactive Bladder

**ALM:**  

### SESSION 3: 12.00pm – 1.00pm

**KEYNOTE SESSION:**  
Further details to be announced

### LUNCH SERVED 1.00PM – 1.45PM

### SESSION 4: 1.45pm – 2.45pm

- Advanced Airway Management using the Latest Generation Adjunct – I-Gel 1.45pm – 3.15pm
- Assessing and Treating Common Eye Disease
- Cell Therapy Treatment Options for the Translation of Tendinopathic Pathology to Clinical Treatment and the Treatment Paradigm in a GP Environment
- Chronic Kidney Disease & Resistant Hypertension – Make the Connection, Change the Management
- Diagnosis and Management of Skin Cancer in General Practice
- ENT – Snoring & Sleep Disordered Breathing

**ALM:**  
- Management of the Breathless Patient
- Men’s Health – Benign Prostatic Hyperplasia
- Preventing Fractures – Where to Start with Osteoporosis
- Provide CPR 1.45pm – 3.15pm
- Reducing Anaphylaxis Risk for Patients with Food Allergy
- Taping the Knee
- What Can a Modern Pain Centre Offer Your Patients – A Review of Pain-Relieving Interventions
- Wound Care Venous Leg Ulcers – Tips & Tricks for General Practitioners 1.45am – 3.15pm

### AFTERNOON TEA 2.45PM – 3.30PM

### SESSION 5: 3.30pm – 4.30pm

- An Eye for an Eye! – The 10 Most Important Eye Emergencies in General Practice
- ENT – Inflammatory Airway Problems

**ALM:**  
- Mental Health Skills Training – Part 4 3.30pm – 5.00pm
- Management of the Emergency Patient in a General Practice & Remote Setting – Group D – Part 4 3.30pm – 5.00pm
ADVANCED AIRWAY MANAGEMENT USING THE LATEST GENERATION ADJUNCT – I-GEL
This practical session offers an introduction to cuff-less laryngeal masks. Devices like the I-Gel are replacing endotracheal intubation in a wide range of settings and the oropharyngeal airway in uncontrolled environments.
Friday – Session 4/Saturday – Session 1/Sunday – Session 4
Cynergex Group

ADVANCED MRI OF THE KNEE – KNEE INJURIES FROM THE COMMON TO THE ESOTERIC WITH MRI AND ANATOMICAL CORRELATION
This workshop will provide a practical introduction to MRI of the knee, covering basic anatomy, cruciate and meniscal tears, peri-articular injuries, inflammatory arthropathy, osteoarthritis, the elderly knee and interesting and rare disorders.
Friday – Session 5/Saturday – Session 2/Sunday – Session 2
Southern Radiology

AN EYE FOR AN EYE! – THE 10 MOST IMPORTANT EYE EMERGENCIES IN GENERAL PRACTICE
In this interactive, case-based session, you will learn how to manage the most critical ocular emergencies that present themselves in general practice — including chemical splash injuries, penetrating and blunt trauma, and acute angle closure glaucoma — addressing common management misconceptions along the way.
Dr Dana Robaei
Sunday – Session 5

ASSESSING AND TREATING COMMON EYE DISEASE
In this practical session on the management of corneal foreign bodies and chemical injuries, you will learn how to manage the patient who presents with red eye, remove particulate matter, and irrigate and pad an eye.
Dr Daya Sharma
Friday – Session 1/Saturday – Session 4/Sunday – Session 4

AUTISM IN GENERAL PRACTICE
Autism is an increasingly common developmental disorder. This wide-ranging workshop provides an overview of the clinical features, including ‘red flags’ to be alert for, diagnosis, government support for families, co-occurring conditions, and what GPs can do assist families, both practically and emotionally.
Friday – Session 5/Saturday – Session 5/Sunday – Session 1

BACK 2 BONES – KEY FEATURES IN ASSESSING FRACTURE RISK
This session will discuss the Garvin Institute of Medical Research fracture risk calculator and its implementation in general practice. The calculator has been developed using data accumulated over 17 years.
Friday – Session 4
Amgen

BACK 2 BONES – KEY FEATURES IN THE DIAGNOSIS OF OSTEOPOROSIS
Osteoporosis is a major, yet underdiagnosed, cause of disability in Australia. Review key risk factors for osteoporosis and when to refer for further testing.
Saturday – Session 5/Sunday – Session 2
Amgen

CELL THERAPY TREATMENT OPTIONS FOR THE TRANSLATION OF TENDINOPATHIC PATHOLOGY TO CLINICAL TREATMENT AND THE TREATMENT PARADIGM IN A GP ENVIRONMENT
Tendon injuries are common soft tissue disorders seen in primary care. This workshop outlines the evidence behind autologous tenocyte injections (ATI) in providing potential for clinical improvement in difficult-to-treat patients.
Friday – Session 4/Saturday – Session 4/Sunday – Session 4
Orthocell

CHRONIC KIDNEY DISEASE & RESISTANT HYPERTENSION – MAKE THE CONNECTION, CHANGE THE MANAGEMENT
One in nine Australian adults suffers from hypertension, and kidney disease is a significant problem for these patients. This interactive workshop investigates how timely intervention and appropriate management of resistant hypertension can slow or prevent the progression of CKD.
Friday – Session 5/Saturday – Session 2/Sunday – Session 4
Kidney Health Australia

CHRONIC LIVER DISEASE AND HEPATOCELLULAR CARCINOMA
Chronic liver disease from hepatitis, alcohol use and, increasingly, non-alcoholic steatohepatitis is a significant cause of morbidity and mortality in our community. With particular focus on hepatocellular cancer and its early detection and management, this workshop outlines how active screening programs and clear clinical pathways for disease management can significantly improve outcomes.
A/Prof Ken Ho-Shon
Macquarie Medical Imaging
Friday – Session 4

COORDINATION OF CARE FOR PEOPLE WITH COMPLEX HEALTH NEEDS IN GENERAL PRACTICE
This session will explain how a team approach to care coordination can assist in management of patients with complex health needs. It will outline funding models of care coordination in general practice and highlight the role of general practice nurses in coordinating complex care.
Ms Ros Rolleston
Saturday – Session 5/Sunday – Session 2

DAMAGE CAUSED BY UV
UV exposure is part of the aetiology of many ocular diseases including pterygium, pinguecula, skin cancers and cataract formation, with increasing evidence it may contribute to macular disease. This workshop explores the evidence behind UV damage and offers strategies to protect the eyes and skin, in both adults and in children.
Dr Shanel Sharma
Saturday – Session 2/Sunday – Session 1

DIAGNOSIS AND MANAGEMENT OF SKIN CANCER IN GENERAL PRACTICE
This wide-ranging session will outline the steps in diagnosis of premalignant and malignant lesions, including history taking, examination, biopsy and investigations. It will explain the various treatments for premalignant and malignant lesions and when to refer to a skin cancer clinic.
Sunday – Session 1 & 4
National Asthma Council Australia

DOES THIS CHILD REALLY HAVE ASTHMA?
This session will give an overview of how to assess a child with presenting symptoms that may be due to asthma. Also included will be other considerations of non-asthma causes of wheeze or cough particularly in the very young child. How to make a diagnosis of asthma in children including ongoing management based on Australian guidelines will be addressed.
Friday – Session 1/Saturday – Session 4/Sunday – Session 1

eHEALTH – A GUIDE FOR GENERAL PRACTICE
In this workshop you will be guided through the eHealth record system, learning how to link patient records with their Individual Healthcare Identifier (IHI) and assist your patients to register. You will learn how usability improvements have made the system more accessible and easy to use.
Friday – Session 5/Saturday – Session 4/Sunday – Session 1
NEHTA

ENT – SINUS-NASAL ASSESSMENT
The nose and sinuses still remain a poorly understood anatomical area. The anatomy from an endonasal route is reviewed with clinical implications. Pathology that can be seen with simple anterior rhinoscopy or otoscopy are demonstrated. The session provides some practical tips for managing common conditions including epistaxis.
Friday – Session 4/Saturday – Session 2

ENT – SNORING & SLEEP DISORDERED BREATHING
Snoring and sleep disordered breathing are common complaints in the community. The condition varies from patients seeking relief for their partner through to apnoea conditions with both cardiovascular and neurocognitive implications. A structured approach to assessing the patients with sleep disorder breathing and the role of interventions such as weight loss, splints, CPAP and surgery are discussed.
Friday – Session 5/Sunday – Session 4

ENT – INFLAMMATORY AIRWAY PROBLEMS
Chronic airway inflammation is major source of respiratory (upper and lower) symptoms in the Australian community. Approximately 8-10% of the population have asthma or rhinosinusitis. The aetiology of these conditions is poorly understood but current evidence is presented to help answer patient concerns. A practical approach to managing upper and lower airway exacerbation that does not centre on antibiotic therapy is discussed. The use of peak flows, serology and biopsies to guide treatment is reviewed. Demonstration on correct inhaler and nasal irrigation techniques is demonstrated.
Saturday – Session 1/Sunday – Session 5

ESSENTIAL ECG READING
This session will provide healthcare professionals with a system for reading the normal ECG, as well as identifying serious tachycardias and bradyarrhythmias, and ST elevation in acute myocardial infarction.
Friday – Session 2/Saturday – Session 5/Sunday – Session 1
Cynergex Group
CONFERENCE PROGRAM SYNOPSIS

ESSENTIAL STEPS TO DIAGNOSE AND MANAGE DEMENTIA
As the patient population ages, and as presentations of memory loss become more common, there is greater pressure on primary care practitioners to differentiate early dementia from benign age-associated memory loss. This presentation provides 14 essential and practical steps on how to assess patients with cognitive decline and how to assist their families/carers in the process.
Prof Henry Brodaty Dementia Training Study Centres
Friday – Session 2

FOOD ALLERGY AND ANAPHYLAXIS MANAGEMENT FOR HEALTHCARE PROFESSIONALS
General practice has an important role in the management of food allergy and anaphylaxis. A recent Australian study found that food allergy affects 1 in 10 infants in Australia, making this an important issue for GPs. This session will address issues relating to the diagnosis and treatment of food allergy and risk of anaphylaxis, and the ongoing management of patients with food allergy, particularly those at risk of anaphylaxis, including adrenaline auto-injector prescription guidelines, managing co-morbidities, patient review and education.
Friday – Session 1

HEALTHPATHWAYS – BUILDING THE LINKS BETWEEN PRIMARY AND SECONDARY CARE
This workshop will introduce HealthPathways, a web-based information portal designed to support primary care clinicians to plan patient care through primary, community and secondary healthcare systems within NSW.
Friday – Session 4/Saturday – Session 1

HEEL PAIN – MOVING PAST HEEL SPURS AND FASCIITIS
Plantar heel pain is a common presentation to GPs, with often complex pathology. The session will arm GPs with the skills to confidently begin the diagnosis of debilitating heel conditions, and to know when to refer appropriately to specialist care.
Mr Brenden Brown
Friday – Session 4/Saturday – Session 1/Sunday – Session 1

HIV DIAGNOSIS IN GENERAL PRACTICE
Around half of all new HIV diagnoses each year are made in general practice. This session will share the practical knowledge of a panel of GPs, HIV specialists and an ‘unlikely’ patient. The session will cover new HIV testing options, follow-up and contact tracing, how to respond to patient disclosure, benefits of early treatment initiation, and linkages to specialists and shared models of care.
Friday – Session 5

HOW TO MANAGE THOSE WHO MANAGE YOUR MONEY – EFFECTIVELY!
With their focus on patient care, doctors have limited time to manage their Accountants and Financial Planners. This seminar outlines the key tools doctors need to effectively manage those who manage their money and assess soundness of their advice, to ensure that value created by the doctor’s hard work is enhanced or preserved.
Mr Sachin Joshi
Saturday – Session 1

IS THERE A LIFE BEYOND FRACTURE?
An estimated 155,000 minimal-trauma fractures will occur in 2016 due to bone fragility, many resulting in hospitalisation. This case-based session will outline decision pathways for GPs to capture and manage high-risk patients and reduce fracture numbers.
A/Prof Jan Vaile
Presented by Osteoporosis Australia & supported by an unrestricted educational grant from Amgen & Remedy Healthcare
Saturday – Session 4

IV CANNULATION REFRESHER
This short course will provide a refresher in intravenous cannulation techniques and the management of the catheter and insertion sites, covering catheter selection, site selection and correct insertion techniques.
Friday – Session 1/Saturday – Session 2/Sunday – Session 2

KEY FEATURES IN MANAGING DVTE RISK POST SURGERY
A major complication of surgery is the risk of DVT and embolism which still carries a significant mortality. With shortened bed stay days the diagnosis of DVT is commonly made in our practices. Early use of the newer anti-coagulants can reduce the risk of DVT and embolism post-surgery and provide a safer and equally safer alternative if managed to the guide recommendations.
Friday – Session 2/Saturday – Session 5

KEY FEATURES IN MANAGING STROKE RISK IN PATIENTS WITH NVAF
The risk of stroke can be reduced in our patient with non-valvular atrial fibrillation. This requires early identification, assessment for bleeding and stroke risk and initiation of an anti-coagulation medication that is safe and effective. This session will outline the steps in approaching stroke risk in our practice and introduce the use of the newer anticoagulant therapies available.
Sunday – Session 2

MANAGEMENT OF INCONTINENCE AND OVERACTIVE BLADDER
In this presentation a leading urologist will outline contemporary management of incontinence and an overactive bladder. Treatment pathways for incontinence management will be discussed, along with strategies to assist GPs in raising potentially embarrassing issues with patients.
Friday – Session 2/Saturday – Session 2/Sunday – Session 2
MANAGEMENT OF THE BREATHLESS PATIENT
Breathlessness can be either due to respiratory, cardiac or other causes. Once the cause of breathlessness has been correctly diagnosed as COPD, optimal management is the first priority. The goal for the GP is to use non-pharmacological and pharmacological measures to reduce breathlessness and optimise COPD management.

Sunday – Session 4  Novartis Australia

MANAGING DEPRESSION – RE-EXAMINING THE OPTIONS
This workshop explores non-pharmacological strategies for depression and antidepressant selection where medication is appropriate. It discusses patient engagement in developing individualised treatment plans, including adequate trials and treatment durations, and monitoring of symptoms, functioning and adverse effects.

Friday – Session 4/Saturday – Session 4/Sunday – Session 2  NPS MedicineWise

MANAGING THE CHALLENGING JOURNEY OF THE HEART FAILURE PATIENT
Developed in partnership with the Alfred Hospital, this seminar introduces the first ever ‘documentary-style’ portrayal of the heart failure patient journey within the Australian healthcare system. Using this innovative approach, you will learn how to optimally manage your patients with this challenging condition.

Sunday – Session 2  Novartis Australia

MEN’S HEALTH – BENIGN PROSTATIC HYPERPLASIA
The workshop aims to improve patient outcomes by promoting an attitude of proactive assessment and management of patients presenting with lower urinary tract symptoms (LUTS) or at risk of BPH progression.

Saturday – Session 2, 4 and 5  GSK

NEW DEVELOPMENTS IN THE DIAGNOSIS & MANAGEMENT FOR PATIENTS WITH SEVERE EMPHYSEMA SPECIFICALLY NON-INVASIVE TREATMENT OPTIONS
Information on the diagnosis, assessment, pharmacological management and minimally-invasive treatment options for patients suffering from COPD. Participants will be informed on ELVR, a minimally-invasive bronchoscopic procedure aimed at decreasing hyperinflation and improving the lung mechanics of symptomatic COPD patients, as well as presentation of the recently published STELVIO data reporting on the first prospective, randomized controlled study confirming clinical superiority of ELVR over medical management in treating emphysema.

Sunday – Session 1  Pulmonx

OPHTHALMIC SKILLS FOR GENERAL PRACTICE
In this session you will learn how to assess visual acuity in adults and children, and conduct a visual field assessment and retinal examination. You will have an opportunity to examine eyes using a direct ophthalmoscope and panfunduscope and learn about medications used for examinations.

Dr Shanel Sharma  Friday – Session 2/Saturday – Session 1/Sunday – Session 2

PRACTICAL ASPECTS OF MODULATING THE GUT MICROBIOME IN EARLY LIFE – WHY AND HOW DOES THIS IMPACT IMMUNE DEVELOPMENT AND PREVENTION OF ALLERGIC SYMPTOMS?
With two thirds of immune cells residing in the gut, the role of the gut microbiome during early life is an important consideration with respect to the immune system and outcomes related to the incidence of infection and allergy. This session focuses on the practical aspects of the gut microbiome in early life and the options available to GPs to encourage beneficial modulation.

Sunday – Session 1  Danone

PREVENTING FRACTURES – WHERE TO START WITH OSTEOPOROSIS
In 2011–12, 3.3% of Australians had osteoporosis and GPs have a major role in managing this increasingly common disorder. This workshop focuses on the identification of risk factors for fractures, bone loss and falls, and the role of medicines in reducing the risk of osteoporotic fractures.

Friday – Session 1/Saturday – Session 1/Sunday – Session 4  NPS MedicineWise

PROVIDE CPR
This paramedic-led session will provide hands-on instruction in Cardiopulmonary Resuscitation (CPR), in line with Australian Resuscitation Council guidelines. A National Unit of Competency Certificate will be issued to successful participants.

Friday – Sessions 1 & 4/Saturday – Sessions 1, 2 & 4  Cynergex Group

REDUCING ANAPHYLAXIS RISK FOR PATIENTS WITH FOOD ALLERGY
Healthcare professionals have an important role in the diagnosis and treatment of patients with allergic conditions including food allergy and anaphylaxis. This session will use case study discussions to address issues relating to the diagnosis and treatment of food allergy and risk of anaphylaxis. This session will focus on food-induced anaphylaxis, and participants will be presented with a number of scenarios to problem solve and determine the optimal management approach.

Friday – Session 2/Saturday – Session 1/Sunday – Session 4  Alphapharm
SO YOU THINK YOU ARE PREPARED FOR RETIREMENT?

Finances are an intrinsic component of planning for retirement, but there are many other issues that need to be considered. This workshop explores some of these and encourages participants to consider their own retirement readiness.

Mr David Hazelwood
Western Pacific Financial Group
Saturday – Session 2

SUITURING ADVANCED

This session will provide a hands-on approach to more complex suturing techniques, following on from the basic session. You will be shown how to do large and deep wound repairs, and also remove dog ears. You will be introduced to skin flaps, and shown how to do a simple flap repair.

Friday – Session 2/Saturday – Session 5/Sunday – Session 2

SUITURING BASIC

This practical hands-on session will cover an overview of the instruments, needles and sutures required for suturing. The techniques for interrupted, continuous and subcuticular sutures will be explained and will be practiced individually on pigs trotters. You will then be shown how to do cornerstitches, and create ellipses for removal of simple lesions.

Friday – Session 1/Saturday – Session 4/Sunday – Session 1

TAILOR – DEPRESSION MANAGEMENT FOR GPS

This workshop outlines a patient-centred approach to depression management, providing GPs with skills to tailor medications to symptoms, encouraging efficacy with minimal side effects and increasing likelihood of treatment success.

Friday – Session 5/Saturday – Session 5/Sunday – Session 1

TAPING THE FOOT & ANKLE

This highly interactive taping session will have delegates taping and being taped on. This session will demonstrate lateral ankle sprains and plantar fasciitis.

Mr Peter Caine
Beiersdorf
Saturday – Session 4/Sunday – Session 5

TAPING THE KNEE

This highly interactive taping session will have delegates taping and being taped on. This session will demonstrate patello-femoral, collateral ligament injuries, osgood-schlatters & tendinopathies.

Mr Peter Caine
Beiersdorf
Friday – Session 2/Sunday – Session 4

TAPING THE SHOULDER

This highly interactive taping session will have delegates taping and being taped on. This session will demonstrate rotator cuff problems, the A-C joint, shoulder dislocation and stabilisation and impingement problems.

Mr Peter Caine
Beiersdorf
Friday – Session 1/Saturday – Session 5

TARGETING MULTIPLE PAIN PATHWAYS IN THE TREATMENT OF CHRONIC PAIN

Pharmacological treatment of chronic pain can be challenging due to the range of causative mechanisms and the difficulty of balancing analgesic efficacy and tolerability. This session outlines how targeting multiple pain pathways may help patients manage nociceptive (musculoskeletal), neuropathic and ‘mixed’ pain symptoms.

Saturday – Session 5

THE DOCTOR IN COURT

This session will explain the role that doctors are often asked to play when their patients have personal injury compensation claims. How to deal with workers compensation insurers, how to complete medical certificates, how to write medico-legal reports, how to answer subpoenas and what fees to charge. These are all matters that doctors need to be aware of and are often difficult to deal with in a busy medical practice without assistance. The workshops will also provide a brief summary of how different types of claims proceed and what entitlements are available to the patients in those claims.

Friday – Session 2/Saturday – Session 4

THE PATIENT’S JOURNEY – LIVING WITH PSORIASIS

Psoriasis is a chronic, relapsing, inflammatory skin disorder associated with significant co-morbidity that often impacts on much more than appearance of the skin. The relationship between psoriasis pathology and quality of life, including the effect of co-morbidities, along with current available treatment paradigms will be comprehensively reviewed in this session.

Saturday – Session 2

THE RISING BURDEN OF CHRONIC LIVER DISEASE IN AUSTRALIAN GENERAL PRACTICE

This session will arm GPs with the skills to recognise and manage patients at risk of progressive liver disease. It will outline risk factors, including obesity, diabetes and chronic hepatitis, and explore interventions, new treatment approaches and effective linkages with specialist services.

Saturday – Session 4/Sunday – Session 1

THE ROLE OF THE GASTROINTESTINAL MICROBIOME IN METABOLIC DISORDERS

There is increasing evidence for the role of gut bacteria in the development, progression and recovery of metabolic disorders such as Type 2 diabetes and chronic kidney disease. This presentation explores the role of gut bacteria in these conditions and the therapeutic application of selected bacterial species.

A/Prof Luis Vittetta & Dr Samantha Coulson
Medlab
Friday – Session 1/Saturday – Session 1/Sunday – Session 2

TREATMENT GOALS BEYOND DSM – LOOKING ABOVE AND BEYOND IN MAJOR DEPRESSIVE DISORDER

Major depressive disorder (MDD) is increasing as one of the leading causes of disability globally, contributing to reduced quality of life, significant somatic and psychiatric symptoms, cognitive dysfunction, disruption in interpersonal relationships, alcohol and substance use, lost work time and productivity, and suicide. This interactive, case-study-based workshop explores the challenge of addressing residual symptoms, specifically cognitive impairment and function in MDD, which can increase the risk of relapse. This session also highlights key information about the cognitive domains, depression subtype, disease severity and comorbidity.

Saturday – Session 4

UNDERSTANDING AUDIOLOGY IN GENERAL PRACTICE

This interactive workshop will offer practical experience of hearing checks, and the interpretation of audiograms and tympanometry. It will explore the full range of management options for hearing loss and explain the referral processes required to access these for key patient populations.

Friday – Session 2/Saturday – Session 4

WHAT CAN A MODERN PAIN CENTRE OFFER YOUR PATIENTS – A REVIEW OF PAIN-RELIEVING INTERVENTIONS

In this session you will learn about the different interventions and procedures available for your patients suffering with chronic pain, and the practicalities and patient benefits of a multidisciplinary approach to chronic pain management.

Dr Nathan Taylor
Presented by Northern Private Pain Centre
Saturday – Session 2/Sunday – Session 4

WOUND CARE MANAGEMENT FOR PRACTICE NURSES

This workshop will provide a practical overview of the management of common acute and chronic wounds, describing a systematic approach and latest innovations in assessment, investigation, management and prevention.

Dr Stephen Yelland & Ms Cheryl Frank
WoundBusters
Friday – Session 1/Saturday – Session 4/Sunday – Session 1

WOUND CARE VENOUS LEG ULCERS – TIPS & TRICKS FOR GENERAL PRACTITIONERS

This workshop offers a practical approach to the management of venous leg ulcers and other chronic wounds, outlining a systematic methodology to assessment, investigation, management and prevention, including compression therapy.

Dr Stephen Yelland & Ms Cheryl Frank
WoundBusters
Friday – Session 4/Saturday – Session 2/Sunday – Session 4
The GPCE program delivers a wide range of educational streams and individual sessions providing delegates the opportunity to tailor the program to meet their learning needs. Delegates can choose to participate in Active Learning Modules, individual sessions or a mix of both across three days. Accreditation points awarded will be dependent on the type of learning chosen and the accreditation provider.

The Sydney GPCE is an authorised provider of accredited activities under the RACGP QI&CPD program and has also been accredited by the Australian College of Rural & Remote Medicine (ACRRM).

### GENERAL PRACTITIONER

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<thead>
<tr>
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<th>RACGP</th>
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<tbody>
<tr>
<td>Active Learning Module</td>
<td>40 QI&amp;CPD points</td>
<td>30 PRPD</td>
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Delegates participating in an Active Learning Module will need to complete the following paperwork to be eligible to receive CPD points:

- **Pre-disposing activity** – this must be completed prior to attending the GPCE
- **Evaluation** – to be completed within two weeks following the conference
- **Reinforcing activity** – to be completed within two weeks following the conference

Delegates who select to participate in individual sessions rather than an Active Learning Module are required to complete a session evaluation for each topic attended to be eligible to receive CPD points.


### NURSE ACCREDITATION

The GPCE education program has been designed to suit the needs of practice nurses in meeting their continuing professional development requirements. The Nursing and Midwifery Board of Australia requires nurses and midwives to accrue 20 hours of CPD each year. Participating in the Sydney GPCE conference program provides the opportunity for nurses to earn up to 15 CPD points across three days.

Following your attendance at the Sydney GPCE, you will need to complete an evaluation for each session attended, via the online Delegate Lounge. Once completed, your certificate of attendance will be available to download, for self-accreditation requirements.

### DELEGATE LOUNGE

The Delegate Lounge is the online hub for all your accreditation needs. Delegates who are claiming for CPD points from their attendance at the GPCE can now submit all paperwork via the Delegate Lounge as well as gain access to:

- **Speaker Notes**
- **Tracking of CPD points**
- **Accreditation Paperwork**
- **Certificate of Attendance**

All delegates who have registered for the GPCE conference program have automatic access to the Delegate Lounge. You can log-in at any time by visiting [www.gpce.com.au/delegate_lounge](http://www.gpce.com.au/delegate_lounge). You can also visit the Delegate Lounge onsite at the Sydney GPCE to access and complete all required paperwork.
AUSTRALIA’S LARGEST PRIMARY CARE EXHIBITION

Save time, try before you buy and get the first look at the latest products and services for your practice, all under one roof!

Visitors can look forward to a complete range of medical products, services and solutions specifically for general practice, discover the latest innovations and learn about the current and future industry trends. Don’t miss out on event only discounts and offers on medical products and services which can only be found at the Sydney GPCE!

Exhibition Only entry is FREE for all healthcare professionals and included as part of your conference registration.

**NEW KEYNOTE SESSIONS**

Each day of the conference will include an exciting keynote session featuring the industry’s top innovators and influencers discussing key hot topics facing general practice today.

Access to the keynote sessions are included for conference delegates or open to exhibition only visitors for an additional cost ($100 per session).

Session spaces are limited, so secure your place during online registration. Visit [www.gpce.com.au](http://www.gpce.com.au) for further details which will be revealed closer to the event.

**SOCIAL DRINKS RECEPTION**

Wind down after the event on Saturday 21 May and join us for canapés, drinks and live entertainment!

Don’t miss this perfect opportunity to catch-up and network with colleagues, educators, exhibitors and sponsors in an informal setting.

When: Saturday 21 May
Time: 5:00pm – 6:30pm
Where: Exhibition Floor
Entry: FREE for all visitors to the GPCE

**EXHIBITION OPENING TIMES:**

- Friday 20 May – 8am to 5pm
- Saturday 21 May – 8am to 5pm
- Sunday 22 May – 8am to 5pm

**TAKE ADVANTAGE OF OUR FREE EXHIBITION ONLY DAY PASS**

An exhibition day pass is FREE and includes:

- Access to over 100 healthcare organisations on the exhibition floor
- Take part in the Passport Competition to win over $10,000 worth of great prizes!
- ‘Event Only’ discount and offers on medical equipment and services!
- Access to daily keynote sessions (additional charge of $100 per session applies)*
- CPR Training (additional charge of $100 applies)*

**REGISTER TODAY FOR YOUR FREE EXHIBITION DAY PASS!**


*Sessions can be booked during registration. Please note that entry to the GPCE is strictly for healthcare professionals only.

**CPR TRAINING**

To meet your registration requirements as part of the RACGP QI&CPD triennium, the Sydney GPCE delivers a number of Cardiopulmonary Resuscitation (CPR) training sessions.

These hands-on sessions are based on the Australian Resuscitation Council guidelines and are delivered by highly trained paramedics. Sessions are FREE for conference delegates, or Exhibition Only Visitors can participate in CPR training for $100.

**5 CPD POINTS**
CONFERENCE REGISTRATION / PROMOTIONS

HOW TO REGISTER:

Online Registration is Now Open!

For enquiries regarding registration, please contact:
1800 814 611 or (07) 3854 1611

EARLY BIRD DISCOUNT: Make sure you book before the 16 March to receive the 20% Early Bird booking discount!

CONFERENCE REGISTRATION

Conference registration includes:
- Entry to all conference and keynote sessions at the GPCE exhibition
- Access to CPR training as part of your registration
- Entry to the social networking drinks reception
- Morning, afternoon tea and lunch each day of the conference
- Conference satchel
- Conference materials including event guide and online speaker notes
- ‘Event Only’ discounts and offers on medical equipment and services!

CONFERENCE RATES

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Practice Manager & GP Registrar Rates

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Nurse Rates

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*All fees are quoted in Australian Dollars (AUD) and are inclusive of GST.

Cancellation policy
Cancellations must be made in writing to gpce@ozaccom.com.au. Cancellations received by 13 April 2016 will receive a 50% refund. Cancellations received from 14 April will not be refunded.

PROMOTIONS

BOOK AS A GROUP AND SAVE

If you have four or more healthcare professionals in your practice looking to attend the GPCE, you could each SAVE 25% off the standard registration rate* when booking as a group!

Group registrations can only be made via phone. Please contact Ozaccom+ on 1800 814 611 or (07) 3854 1611

PLATINUM CLUB

The Platinum Club is our loyalty program open to all healthcare professionals who have attended at least two GPCE events in the last three years as a paying delegate.

Platinum Club members receive a range of benefits including 30% DISCOUNT* on registration, FREE PARKING at each event and access to the onsite Platinum Club lounge.

For further information or to check your membership status, visit www.gpce.com.au/sydney/platinumclub

FACILITATE AT THE GPCE – HALF PRICE REGISTRATION

Register to be a facilitator at GPCE and receive a 50% DISCOUNT*, plus FREE PARKING!

We are looking for GPs or Nurses interested in facilitating at Sydney GPCE. You would be responsible for ‘hosting’ your selected sessions, facilitating question time and ensuring that sessions run to schedule.

LIMITED PLACES APPLY.

For further information please visit www.gpce.com.au/facilitating

Promotional terms & conditions
*All discounts are only applicable to the published standard registration rates and cannot be combined with any other offer. The discount code given must be used at time of registration and is not valid for use with existing registrations.

For more terms & conditions, please visit www.gpce.com.au/promo
The Sydney GPCE will be held in Halls 5 and 6 at the Sydney Showground, Sydney Olympic Park.

**TRAINS**

Olympic Park train station is on Sydney Showground’s doorstep. The Sprint service, operated by CityRail, travels between Lidcombe and Olympic Park Stations every 10 minutes on a daily basis.

A limited number of direct services also operate between Central Station and Olympic Park Station. To plan your trip and get the latest travel information visit [www.transportnsw.info](http://www.transportnsw.info).

**BUSES**

Sydney Buses operates two daily full-time bus services to and from Sydney Olympic Park.

- **Route 525** – Parramatta Station to Burwood Station via Olympic Park Station.
- **Route 401** – Lidcombe Station to Olympic Park Station via Sydney Olympic Park Ferry Wharf.

To plan your trip and get the latest travel information visit [www.transportnsw.info](http://www.transportnsw.info).

**PARKING**

The closest parking station at Sydney Olympic Park is P1. Casual parking is available for $5 per hour or $25 per day maximum. (Prices subject to change without notice). Bring change for coin operated parking machines.

**ACCOMMODATION**

A wide range of accommodation options, located close to the Sydney GPCE, have been reserved for delegates and their guests at highly competitive rates. Rates quoted are per room per night and inclusive of GST. Delegates can book accommodation during the registration process.

- **Pullman Sydney Olympic Park**
  - $285 – Superior King/Twin Room

- **Novotel Sydney Olympic Park**
  - $265 – Superior King/Twin Room

- **Ibis Sydney Olympic Park**
  - $175 – One Bedroom Apartment inc WiFi
  - $295 – Two Bedroom Apartment inc WiFi
  - $425 – Three Bedroom Apartment inc WiFi

- **Ibis Budget Sydney Olympic Park**
  - $179 – Standard Guest Room

- **Apex Apartments Parramatta**
  - $175 – One Bedroom Apartment inc WiFi
  - $295 – Two Bedroom Apartment inc WiFi
  - $425 – Three Bedroom Apartment inc WiFi

For enquiries regarding accommodation, please contact Ozaccom+ on:

- 1800 814 611 / 07 3854 1611
- gpce@ozaccom.com.au

Accommodation terms & conditions

Please note, all prices are quoted on a per room per night basis and include GST. Rates and all information are current at the time of printing and are subject to changes without prior notice. Accommodation bookings are subject to availability.